



## MetroWest Outreach Connection, Inc.

### Fifth Annual Walk

SUNDAY, SEPT. 27, 2009; 12:30 PM TO 3:00 PM; RAIN OR SHINE

FRAMINGHAM CENTRE COMMON, EDGELL ROAD

“Every family needs a home...every child deserves a home”

## HELP PREVENT HOMELESSNESS & ASSIST VICTIMS OF DOMESTIC VIOLENCE

***Please Support Our Walk. Over 97% of all funds raised go to help our clients.***

MetroWest Outreach Connection, Incorporated (MWOC) is an all-volunteer 501©3 non-profit organization. We have 2 programs: ***The Homeless Prevention Program*** provides financial assistance to eligible families and individuals who are in danger of eviction, foreclosure or are currently homeless and ***Health Though Housing*** is a program to help victims of domestic violence.

Our mission is to build strong, stable communities in which there is no threat of homelessness and to help victims of domestic violence. With the stability of a permanent residence, the children will have a better opportunity to gain the education necessary to escape the cycle of poverty and homelessness.

The connection between domestic violence, homelessness, and poor health is well documented and makes evident the need for communities to support the development and implementation of programs to help victims and their children acquire long term housing stabilization in order to reverse the negative health consequences of homelessness and trauma.

***Join us for this special event and please bring a friend.***

**WALK**: Get some fresh air and exercise by joining our **Walk on Sept. 27**. By collecting pledges for walking, you help us to keep people housed and assist victims of domestic violence.

**SPONSOR A WALKER**: If you are unable to walk that day, please sponsor another walker or mail a contribution to: **MWOC, 87 Edgell Road, Framingham, MA 01701**. Or visit us at: [www.mwoconnection.org](http://www.mwoconnection.org).

### **THE DAY OF THE WALK:**

- Check in begins at **12:30 pm**.
- The walk starts at **1:00 pm** and follows an approximately four (4) mile loop of paved sidewalks from Framingham Centre Common to Brophy School (~2 miles) and back again.
- People will be posted along the route to provide assistance and bottled water.
- Everyone will receive treats (ice cream, cold drinks, etc.) at the finish.

**PLEASE REMEMBER TO BRING:** Your **SPONSOR SHEET** and **PLEDGES** (pledge monies should be collected at the time of sponsorship and must be turned in at the event).

**Attention: Awards lottery for walkers who collect \$50 or more in pledges!  
See our website, [www.mwoconnection.org](http://www.mwoconnection.org), for details.**

